

# CREEDMOOR COMMUNITY CENTER FITNESS CLASSES



JUNE 2024

## Wednesday

Pilates w/ Darlene  
6:00pm-7:00 (\$3/\$5)

6/12, 6/19

\*TRY-IT! FREE 6/5

## Monday

Line Dancing w/Tracie  
5:30-6:30pm (\$3/\$5)

6/10, 6/17, 6/24

\*TRY-IT! FREE 6/3

Refit with Caroline  
6:45pm-7:45pm (\$3/\$5)

6/10, 6/24

REV+FLOW with Caroline  
6:45pm-7:45pm (\$3/\$5)

6/17

\*TRY-IT! FREE 6/3

## Tuesday

Cardio Kickboxing with Darlene  
6:00-7:00pm (\$3/\$5)

6/11, 6/18

\*TRY-IT! FREE 6/4

\*TRY-IT! Classes are FREE for  
Enhanced Members  
\$5 for Basic & Non-Members



RECREATION@CITYOFCREEDMOOR.ORG  
CREEDMOOR.RECDESK.COM  
919-764-1021

## Thursday

Zumba w/ Candice  
6:00-7:00pm (\$3/\$5)

6/13, 6/20, 6/27

\*TRY-IT! FREE 6/6

## Saturday

Pilates with Darlene  
8:00 am-9:00am (\$3/\$5)

6/1

Line Dancing w/Tracie  
10am-11am (\$3/\$5)

6/15

Refit with Caroline  
8:00 am- 9:00 am(\$3/\$5)

6/15, 6/22, 6/29